Shri. Balasaheb Mane Shikshan Prasarak Mandal, Ambap's

ASHOKRAO MANE COLLEGE OF PHARMA



Approved by PCI & AICTE New Delhi, DTE-Government of Maharashtra Affiliated to Shivaji University, Kolhapur

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Academic Year: 2021-22

NATIONAL SERVICE SCHEME

Event Details

	Event Tile	International Yoga Day
	Organized By	Ashokrao Mane College of Pharmacy, Peth Vadgaon
	Date Of Organization	Tuesday, 21/6/2022
ľ	Funding Agency	Shivaji University Kolhapur
	Collaboration/MOU	
	Description	On this day our college took online yoga session in morning session sharp at 6.00 am to 7.30am. In this yoga session our principal Dr.S.V.Patil sir said that this year the theme for International Yoga Day is <i>Yoga for Humanity</i> . Today, the 8th edition of the International Day of Yoga is being observed across the world. This theme was decided considering the importance of yoga and how it benefited the masses in keeping safe and healthy during the outbreak of coronavirus. Asnas performed during session were Sukhasanaor Easy Pose., Naukasana or Boat Pose., Dhanurasana Or Bow Pose., Vakrasana Or Twisted Pose., Kakasana Or Crow Pose., Bhujangasana Or Cobra Stretch., Halasana Or Plough Pose & Nidrasana Or Relax sleeping pose. Principal Dr.S.V.Patil sir, Academic Incharge Dr.S.A.Bandgar sir supported for over all session. Teaching, Non teaching, all NSS students & Dr.P.S.Sankpal mam & NSS Department coordinated this program successfully.
	Photographs	Yoga Day

Mr.A.P.Jadhav Name & Sign of Committee

Incharge कार्यक्रम अधिकारी

राष्ट्रीय सेवा योजना भोकराद माने कॉलेज ऑफ फार्मसी 🏞 वडगांत, जि. को हापूर

IQAC Coordinator

IQAC CO-ORDINATOR Ashokrao Mane College of Pharmacy, Ashokrao Mane College of Pharmacy Peth-Vadgaon.

PRINCIPAL

Peth-Vadgaon, Dist. Kolhapur.